



HipHop4Hope Athens

HipHop as a tool to uplift the Youth

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About Us

HipHop4Hope e.V. is a German based charity foundation, founded by individual Hip Hop artists from Germany and France. Since 2013 we have created different projects with the mission to inspire the youth. Through our work we uplift young people with the different positive tools of Hip Hop culture, strengthen mental and physical well-being and support personal development by equipping young people with essential life skills. Hip Hop is the therapeutic tool. Our projects are taking place in Manila/Philippines, Athens/Greece, Germany and France. To empower the youth, who are growing up in a social drama environment, we create spaces to express, learn and build friendships.

Hip Hop succeeds where politics fail. Hip Hop stands for Peace, Love, Unity and having fun. Our project is supported by people all around the world from America over Europe, Africa till Asia. People from all nationalities, cultural backgrounds, religious faith working hand in hand together to uplift children through HipHop culture.



Our Team



Hama
Tunesia
Educator



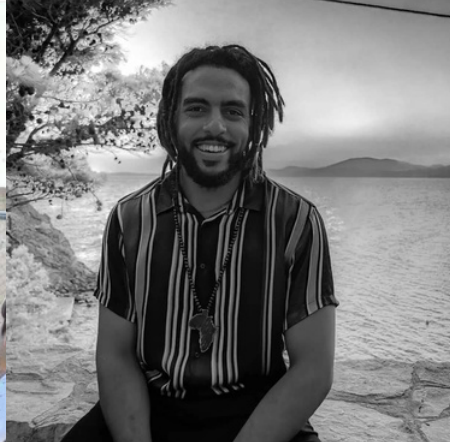
Aggelos
Greece
Dance Instructor&Educator



Myrto
Greece
Chinese Philosophy
Dance Instructor&Educator



Chris
Germany
Social Scientist
Dance Instructor&Educator
Event Management



Momo
Tunesia/Greece
Translator at IOM
Actor and Dancer



Lydia
Russia
Event Management
Social Media Management



Ilias
Bulgaria/Greece
Dance Instructor&Educator
Streetperformer

Vision

Youth should be full of dreams, ambition and hope. Our vision is to liberate youth from the negative effects of harmful living conditions by using our means, our strengths and our passion. Harmful living conditions include factors such as high crime rates, violence, drug use, displacement or lack of access to education. HipHop can give wings to people, it can start new fires, which previously seemed extinguished and it can bring people together. We believe in the power of HipHop; that it has the power to change someone's life. The culture was born and evolved on the streets and equipped the people with values and principles to empower themselves. Our team brings together an incredible collective of very different people from very different origins, but who all share the same passion, using Hip Hop for Hope to uplift the youth and to give them confidence to change their life in a positive direction.

HipHop4Hope inspires the youth with the elements of Hip Hop culture (Street Dance Styles, Rap, Graffiti, DJin, MCing and Knowledge). We empower young people to believe in themselves and their dreams through their strength! By using our craft, we improve mental and physical health, create community and support personal development through regular activities such as classes in the different elements of HipHop (Street Dance Styles, Rap, Graffiti, Djing, MCing, Knowledge) and Community Events. Further HipHop culture and its embodied practices are our tools for developing essential skills. We strengthen and rebuild the fundamental values and principles of Trust, Respect, Independence, Collaboration and Kindness (TRICK Approach) so that the youth can independently direct their lives in a positive direction.

Mission

Impressions



Regular Open Hip Hop Classes

are open for everyone and are led by the HipHop4Hope educators/instructors.

We provide a safe space, where the participants can express themselves and which promotes their well-being. Empowering friendships between the participants evolve regardless of age, gender, nationality, religion, sexual orientation.

Our Activities

Rhyme Session

taking place in collaboration with the organization Musikarama as a weekly activity. The participants enter a creative space, where our facilitators run sessions on various aspects of HipHop - from vocal exercise, writing lyrics, to music theory and beat making. The highlights of these Sessions is the act of recording and producing a track by using the skills of the participants, in the professional recording studio of Musikarama.

Community Events

Every month the local HipHop4Hope Athens Team hosts a community event to strengthen the community of the youth and the local HipHop scene. Therefore we often collaborate with further organizations as well as local HipHop projects/collectives. Monthly Community Events are activities such as Movie Nights, Workshops or Graffiti, Rap and Dance Jams to build empowering bridges between the diverse participants.

Our Activities

Youth Outreach

to enable more youth the possibility to learn about the power of HipHop culture, our team provides in regular periods “Inspiration Workshops” at shelters, youth centers and public spaces. These are teaser workshops, where the educators/instructors share a little bit of each element (Street Dance, Graffiti, Rap, DJing, MCing, Knowledge). After these workshops we start new “Regular Group Practices for Refugee Youth” or integrate them into the open classes. The Community Events are also part of the Youth Outreach. Many youth are just passing by and are getting inspired to join the HipHop4Hope community.

Regular Group Practices for Refugee Youths

are focused on refugee youth. The educators/instructors start with building trust within the team and ending with a positive mindset of growth through teaching a Street Dance Style. We realized a great impact through the transfer of positive values and principles (TRICK Approach) over a long time duration (around 6 month) of coming together. For this reason this activity is a key element of our work.

Youth Block Party

is an event with internationally renowned dancers and consists of four elements: Workshops, Jam, Battle, Shows/Performances - to create a positive environment through the power of Hip Hop culture. It covers all Elements of HipHop culture. At the same time, the event serves as a platform for the local dance scene, building bridges between local dancers and refugee youth.



Impression of Community Events



Our Impact

Since the beginning of HipHop4Hope Athens in June 2020 we have provided over **214 HipHop Dance Classes** for refugee youth and local Athenians. Participants from **24 nationalities** joined our activities. The youth are practicing in groups, learning from each other and are growing together. Our Educators/Instructors are using their craft to activate the youth and develop the values and principles: Trust, Respect, Independence, Collaboration, Kindness (TRICK Approach) - to prepare them for their Adulthood. In addition we hosted **22 Community Events** to build bridges between the youth and the local Athenian HipHop scene. We collaborated with **14 organizations** and projects (Yoga and Sport with Refugees, Free Movement Skateboarding, etc.) to create healthy platforms of exchange and empowerment. The scale of the Community Events ranges from 30 to 500 participants and involves over **1300 people** in total. (Status Quo of 21.06.2022)

Our educators/instructors motivate the youth to join regular activities where they can express themselves, learn and build friendships. Through events we keep the youths motivated and challenge them through exchange with other dancers. This helps them to gain social skills. The youth focus on practice instead of hanging around in the streets. Confidence comes through their self earned skills. They form dance groups to experience the healthy feeling of community and family instead of joining criminal gangs to get accepted. At the same time we build bridges between local Hip Hop people and the youth. Through this social contact they learn the local language faster and it enables them to become part of a healthy community. On the other hand, the local scene benefits from this exchange. Some of the upper class scene members have negative stereotypes about people of lower classes because of a lack of real contact with these groups. Once they exchange, they quickly experience that they are not criminals or bad people. Empowering friendships evolve regardless of the background.

Impressions



Testimonial

S.H., 19 year old participant

I've been a part of hiphope4hope since 2021 it's been a blessing to me i mean i think that was the best decision being a part of this community it's family to me i mean alot of bad things happened with me in my past but I've learned and improved myself being in this community alot. i hope i could come back soon and be with my family soon.♥

A., 22 year old participant

"Before Hiphop i was like zero friends then i started hiphop and met a lot of different friends. I learnt hh4h many things how to share your creativity, talent, be confidence, enjoying trainings and keep energy. i really exciting to be a part hh4h community and also like meeting new people, events and battles. i really really appreciate Mr Chris who share us everything his efforts and knowledge of hip hop."

I.R., 16 year old participant

A group called hiphop4hope Athens, from whom I was able to learn methods of solidarity. Informative dances. Getting to know all kinds of dances. a kind of sport Friendship. Getting to know a new culture. Getting to know a new way of life. Meeting experienced people. Happy people. I am very thankful for the experiences I was able to get from this group called hiphop4hope Athens.

Lefty, FreeMovementSkateboarding

HH4H is my favourite social project in Athens. The positivity and enthusiasm they bring to gloomy, underserved neighbourhoods has to be seen to be believed and the truest measure of their impact on these communities. In my 5 years of work in the humanitarian sector, I have never seen so many children and parents asking "when are you coming back?" after a sessions by HH4H!

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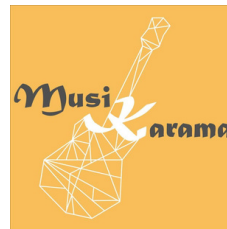
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HipHop4Hope Athens collaborated with



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